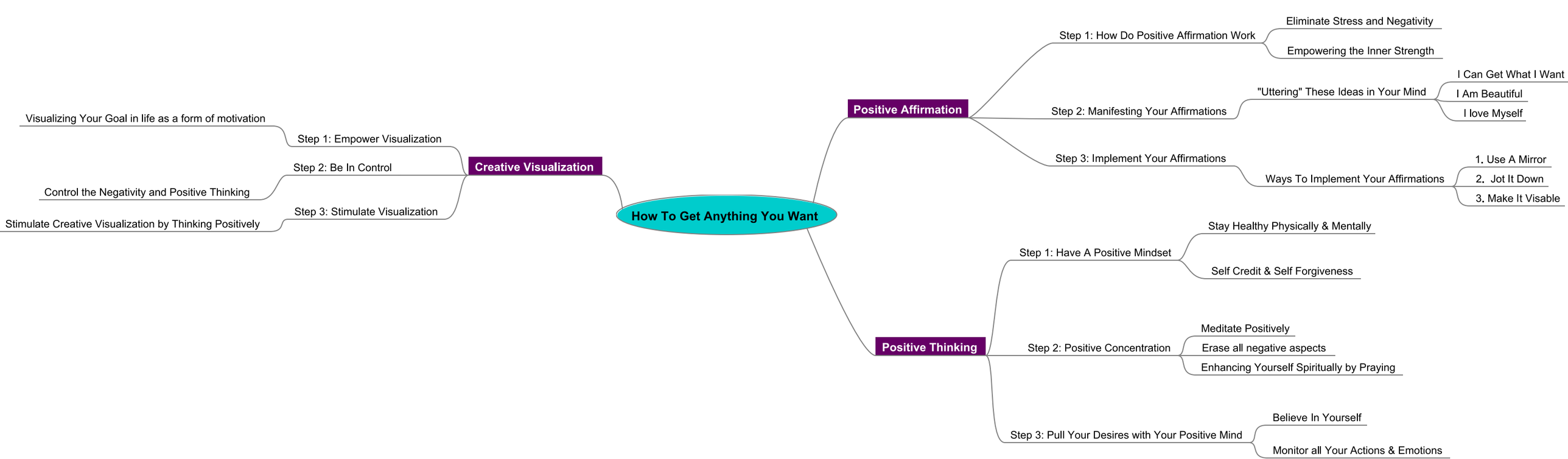
How To Get Anything You Want
Creative Visualization
Step 1: Empower Visualization
Visualizing Your Goal in life as a form of motivation
Step 2: Be In Control
Control the Negativity and Positive Thinking
Step 3: Stimulate Visualization
Stimulate Creative Visualization by Thinking Positively
Positive Affirmation
Step 1: How Do Positive Affirmation Work
Eliminate Stress and Negativity
Empowering the Inner Strength
Step 2: Manifesting Your Affirmations
"Uttering" These Ideas in Your Mind
I Can Get What I Want
I Am Beautiful
I love Myself
Step 3: Implement Your Affirmations
Ways To Implement Your Affirmations
1. Use A Mirror
2. Jot It Down
3. Make It Visable
Positive Thinking
Step 1: Have A Positive Mindset
Stay Healthy Physically & Mentally
Self Credit & Self Forgiveness
Step 2: Positive Concentration
Meditate Positively
Erase all negative aspects
Enhancing Yourself Spiritually by Praying
Step 3: Pull Your Desires with Your Positive Mind
Believe In Yourself
Monitor all Your Actions & Emotions